

## GROUP EXERCISE SCHEDULE **June 30 - July 25, 2008**

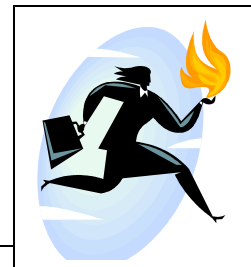
### IM SPORTS WEST

<u>SUN</u>	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THUR</u>	<u>FRI</u>	<u>SAT</u>
		6:15 - 7:00 am Group Cycling Tom  5:30 – 6:15p Beginner Cycling Scott		6:15 - 7:00 am Group Cycling Tom  5:30 – 6:15p Beginner Cycling Scott	<i>Quote for July --</i>  "Leadership is pro-active; People can only follow you if you're moving"	



Special **HALF** SUMMER Group Exercise PASS rate:  
 STUDENT – **\$20.00** FAC/STAFF - **\$20.00**  
 Drop-In fee: \$3.00 per class

[www.imsports.msu.edu](http://www.imsports.msu.edu)



## GROUP EXERCISE SCHEDULE **June 30 - July 25, 2008**

### IM SPORTS CIRCLE

<u>SUN</u>	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THUR</u>	<u>FRI</u>	<u>SAT</u>
	12:10 – 12:50 pm Tai Chi Roy No class July 21 <sup>st</sup>	Faculty / Staff Pilates 12:10 – 12:50 pm ** FREE ** Rebecca				